Learning Communities Monthly

PEER MENTOR OF THE MONTH

Raveena Mata



LC: Anthropology

Class Rank: Senior

Extracurricular Activities: Student Senate, Partners in Health-Engage, Volunteer at Auntie Na's, Research Assistant at WSUSOM

How long have you been a peer mentor? I started off as a peer mentor for Anatomy and Physiology in Winter 2018. and then transitioned to Anthropology and have been loving it ever since.

Why do you like being a peer mentor? I really enjoy the opportunity to connect students to resources, to faculty, and to each other.

Favorite memory? We hosted a "Discover Anthropology" event at the beginning of this year and it was really cool to see it work as a platform for everyone (from freshman to grad students to faculty) to explore their shared interests together and network.

Any advice you would give to current or future peer mentors? Educate yourself about all the resources Wayne State has to offer. The better connected you are, the better you can help connect your students and peers!

Hello Friends!

How are you? No, Really, How are you?

I'm fine, on the outside; working from home, getting up every day (almost on time), taking care of my husband and my dog, working on my recovery from knee surgery (which went really well!), cooking, doing the dishes and the laundry, checking on family and friends.

I'm not so fine, on the inside, because of this whole new "Normal" we find ourselves in...I'm scared about the virus in general, about family and friends catching the virus (some have it, and so far seem like they will recover). I'm worrying about the economy, about how we are treating each other in this crazy world, what will happen at work, and how we will all get through this, (to name a few).

I'm not great at handling change—the older I get the more I like to plan and be prepared for whatever might lie ahead. This can be exhausting on a "good" day and is nearly impossible now. I have been keeping my therapist busy with navigating all of my worries and my attempts to control the uncontrollable.

SO! What can we do? What can I do? We can give each other (and ourselves) a whole lot of "Slack" and understand that everybody is going through something profound right now.

I'm going to do my best to be kind, to be patient, and to do my best. I'm also going to take naps! And be creative and make something new. And, I'm going to check on you, my Learning Community Family.

I don't know what will happen next, and I don't have all the answers. But I have time for you, and I can listen, and I can help get answers to your questions. You can call me, email me, or reach out via LC social media. Please know that I care about you, "I'll be there for you", and we will get through this new "Normal", together.

Wishing you health and safety,

Amy Cooper

Manager of the Learning Community Program (313)577-2254 woohoo@wayne.edu



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CDC Advice!

Here are some tips to stay healthy from the CDC:

- Wash your hands frequently
- Avoid touching your face
- If you are sick please stay home, do not risk the safety of others
- Use hand sanitizer that contains at least 60% alcohol
- Put distance between yourself and others
- Cover your mouth and nose with a tissue when you cough of sneeze
- Clean and disinfect frequently touched surfaces

Annual Learning Community Awards: 2019-20 Winners!

Learning Community of the Year: PwC MPREP

Coordinator of the Year:

James Fortune from the Theatre and Dance Learning Community

Peer Mentor of the Year (tie!):

Raveena Mata from the Anthropology Learning Community & Isabella Rios-Colon from the Center for Latino/a and Latin American Studies Learning Community

"Over the Shamoun" – Over-Achiever Award:

Tori Miller from the Theatre and Dance Learning Community

Year-End Assessment Surveys!

It's that time of year for year-end assessment! For those of you that have been with the LC Program for several years, you will notice this year's surveys have been revised to address our changes to online and remote learning. The Coordinator, Peer Mentor, LC Student surveys should all take no longer than a few minutes to complete. Thank you in advance for participating in this assessment, and please encourage others to complete the surveys as well!

LC Coordinators received an email on Friday, April 17th with the full instructions for year-end assessment. Please go read that email to be sure you complete each step of assessment. In addition to completing the <u>LC Coordinator Survey</u>, coordinators will need to submit their assessment on individual LC learning outcomes by May 15th. Please also invite your students and peer mentors to complete their surveys as well.

Peer Mentors, your LC Coordinator should also send you an invite to participate in the <u>Peer Mentor Survey</u>. This survey will be open for peer mentors to complete through May 15th.

Lastly, there is the <u>LC Student Survey</u>, which should be sent out to all LC student participants. Please encourage your students to complete this survey. It will also be open through May 15th.

Created by Lela Jimenez

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